1st Pan - Mediterranean Congress of Endocrinology & Metabolism

May 1-3, 2008
Splendid Hotel “La Torre”
Palermo, Italy

Preliminary Program
Objectives

This Congress offers an unprecedented opportunity for leaders in endocrinology and metabolism to meet, review and build solutions for current problems in endocrine & metabolic disorders in the Mediterranean area. There has never been a similar effort to address Mediterranean region endocrine/metabolic issues. A group of experts from the region as well as a few from the USA are invited to share opinions and recommendations on the prevalence, significance, and management of thyroid disease, bone disease, obesity, children’s health, and issues in women’s health. Socioeconomic as well as clinical problems will be discussed. The Congress hopes to outline a plan for improved endocrine health for the coming years.

Goals

• Identify and discuss current/common regional endocrine/metabolic health problems
• Address challenges to change and ways to overcome them
• Build border-less commitment to generate a climate for change
• Develop, enhance, and follow collaboration for endocrine health in the area
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am - 8:00pm</td>
<td>Arrival</td>
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<tr>
<td>8:00am - 3:00pm</td>
<td>Registration</td>
</tr>
<tr>
<td>8:30am - 12:30am</td>
<td><strong>Course of Thyroid and Parathyroid Clinical Ultrasound</strong></td>
</tr>
<tr>
<td>Coordinator:</td>
<td>R. Valcavi</td>
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<tr>
<td>Tutors:</td>
<td>M. Attard, D. Giuffrida, M. Zingrillo</td>
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<tr>
<td></td>
<td>Thyroid, Lymph Node, and Parathyroid Ultrasound</td>
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<tr>
<td></td>
<td>R. Valcavi</td>
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<td></td>
<td>Fine Needle Aspiration Biopsy</td>
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<td></td>
<td>D. Giuffrida</td>
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<td>Pre-surgical Neck Ultrasound-Assessment</td>
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<td></td>
<td>M. Attard</td>
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<td>Percutaneous Ethanol Injection</td>
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<td>M. Zingrillo</td>
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<td></td>
<td>Percutaneous Laser Ablation</td>
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<td>R. Valcavi</td>
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<td>Hands-on Ultrasound Training</td>
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<td></td>
<td>M. Attard, D. Giuffrida, M. Zingrillo</td>
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<tr>
<td>8:30am - 12:30am</td>
<td><strong>Course of Communication with Adolescents with Chronic Illness</strong></td>
</tr>
<tr>
<td>Coordinator:</td>
<td>G. Raiola</td>
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<tr>
<td>Chairman:</td>
<td>S. Bertelloni, S. Chiavetta</td>
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<tr>
<td></td>
<td>Self-presentation of the adolescents with chronic endocrine diseases</td>
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<tr>
<td></td>
<td>Group of Adolescents</td>
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<td>Communication with adolescents with chronic illness</td>
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<td></td>
<td>D. Hardoff</td>
</tr>
<tr>
<td></td>
<td>Adolescents and their perspectives regarding communication with their</td>
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<td></td>
<td>health care providers</td>
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<td>D. Hardoff and Group of Adolescents</td>
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<td>Discussion</td>
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<td></td>
<td>Summary and conclusions</td>
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<td>D. Hardoff</td>
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www.panmed.org  1st Pan - Mediterranean Congress of Endocrinology & Metabolism
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30pm - 4:00pm</td>
<td>Welcome remarks</td>
</tr>
<tr>
<td>4:00pm - 5:00pm</td>
<td>Satellite Symposium - Something Old, Something New&lt;br&gt;<strong>F. Carrilho &amp; S. Assaad</strong>&lt;br&gt;Dyslipidemia in the Region&lt;br&gt;<strong>I. Salti</strong>&lt;br&gt;Insulin Resistance Syndrome&lt;br&gt;<strong>R. Vigneri</strong>&lt;br&gt;Discussion</td>
</tr>
<tr>
<td>5:00pm - 6:00pm</td>
<td>Plenary Lecture 1&lt;br&gt;<strong>H. Gharib &amp; A. Alzahrani</strong>&lt;br&gt;Overview of Mediterranean Area Health Issues&lt;br&gt;<strong>Y. Coble&lt;br&gt;R. Gaillard</strong>&lt;br&gt;Discussion</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Reception</td>
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</tbody>
</table>
Friday, May 2, 2008

8:30am - 9:30am
Moderators:

**Plenary Lecture 2**
K. Al Shoumer & B. Glaser

Socio-Economic Health Issues in Mediterranean Countries
S. Leone

Discussion

9:30am - 11:00am
Moderators:

**Symposium 1 - Iodine Deficiency Disorders (IDD)**
A. Pinchera & M. Zimmermann

An Overview
M. Zimmermann

Brief presentations on each issue:
IDD in Iran
F. Azizi

IDD in Turkey
M. Erdogan

IDD in Sicily
G. D’Azzo

IDD in Greece
A. Tsatsoulis

Panel Discussion

11:00am - 11:30am
Coffee Break

11:30am - 12:30am

**Meet The Professor**

- **Room A**
  Interventional Ultrasound-Guided Procedures in Benign Thyroid Nodule
  R. Valcavi

- **Room B**
  New Drugs in Diabetes
  A. Abbasy

- **Room C**
  Short stature
  M. El Kholy

- **Room D**
  Dyslipidemia
  A. Notarbartolo

12:30am - 2:00pm
Lunch
Scientific Program

2:00pm - 2:40pm
Moderators: M. El Zaheri & K. A. Kadiri

**Plenary Lecture 3**
Bone Health
B. Larijani

2:40pm - 4:00pm
Moderators: G. Raiola & C. Kattamis

**Symposium 2 - Children’s Health**
Infertility: early diagnosis/prevention in children & adolescents
V. De Sanctis

Obesity
O. Ercan

Communicating with patients & parents
D. Hardoff

5:00pm - 6:30pm

**Opening Ceremony**
Compresso Monumentale Palazzo Monumentale dei Normanni,
Palermo (city center)

6:30pm - 7:00pm
Moderator: R. Valcavi

**Plenary Lecture 4**
Thyroid Disease: A Global Problem
H. Gharib

7:30pm

**Gala Dinner**
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
</table>
| 8:30am - 9:30am    | **Plenary Lecture 5**  
S. Jambart & M. A. Mirzai  
Diabetes & Nutrition in Developing Countries  
K. Ajlouni, K. Al Rubeaan  
Discussion |
| 9:30am - 11:00am   | **Symposium 3 - Women’s Health**  
A. Gunaid, N. Bache  
Life after menopause  
D. Gullo  
Policystic Ovarian Syndrome  
E. Carmina  
Endocrine Disorders in Pregnancy  
P. Garofalo |
| 11:00am - 11:30am  | Coffee Break |
| 11:30am - 12:30am  | **Meet The Professor**  
**room A**  
Puberty  
A. T. Soliman |
|                    | **room B**  
Endocrine Disorders in Thalassemia  
H. Al Rimawi |
|                    | **room C**  
Public Awareness and Diabetes  
N. Isseh |
|                    | **room D**  
Endocrine Effects of Bariatric Surgery  
T. Alexandrides |
| 12:30am - 1:00pm   | **Plenary Lecture 6**  
S. Boikos & H. Gharib  
Are Guidelines Universally Acceptable?  
E. Papini |
| 1:00pm             | **Final Remarks** |

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CONFERENCE INFORMATION

The 1 Pan Med will take place in Palermo, Sicily, Italy.
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education for physicians.
You can find all information about the congress on the website www.panmed.org

TO REGISTER FOR THE MEETING

You may register sending or e-mailing the registration form to the organizing secretariat
CHRONOS
Via Scsea Gradoni, 11 (Ospedale Vecchio) - 88100 Catanzaro
tel +39 0961 754565 -fax +39 0961 709250
e-mail: laura@organizzazionechronos.it - info@panmed.org

To prevent duplicate charges, if you fax your registration, do not also mail in your registration. If you have questions about registration, please call +390961744565
Your registration will be acknowledged by e-mail or fax within 48 hours.

REGISTRATION FEES

<table>
<thead>
<tr>
<th></th>
<th>DISCOUNTED (received by March 31, 2008)</th>
<th>FULL FEE (after April 1, 2008)</th>
</tr>
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<tbody>
<tr>
<td>PHYSICIAN</td>
<td>€ 300,00*</td>
<td>€ 400,00*</td>
</tr>
<tr>
<td>STUDENT/MASTER CLASS STUDENT</td>
<td>€ 200,00*</td>
<td>€ 250,00*</td>
</tr>
<tr>
<td>Please fax an official certification stating your enrollment to the Specialization School</td>
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<tr>
<td>SPOUSE/GUEST</td>
<td>€ 250,00*</td>
<td>€ 300,00*</td>
</tr>
<tr>
<td>Name badge admits guest to welcome reception, coffee breaks, working lunch on May 2nd and special events</td>
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</tbody>
</table>

* Currency
The official currency of the Congress is European Euro

WORKING LANGUAGE

English

SIDE EVENTS

<p>| | |</p>
<table>
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<tbody>
<tr>
<td>May 1, 2008</td>
<td>7:00pm</td>
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<tr>
<td>May 2, 2008</td>
<td>9:00am - 1:00pm</td>
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<tr>
<td></td>
<td>1:00pm - 2:00pm</td>
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<td>3:00pm - 5:00pm</td>
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<td>5:00pm - 6:30pm</td>
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<td>7:30pm</td>
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HEADQUARTERS HOTEL

SPLENDID HOTEL “LA TORRE”
Located in Via Piano Gallo, 11 Mondello, Palermo, Sicily, Italy
“La Torre” is just a few minutes from the center of Palermo and its extraordinary monuments.

To make hotel reservations:
Please contact the organizing secretariat for room reservation in Splendid Hotel "La Torre".

CHRONOS - Scissa Gradoni, 11 (Ospedale vecchio)
88100 Catanzaro - Tel. +39 0961 744565 - Fax +39 0961 709250
e-mail laura@organizzazionechronos.it - info@panmed.org

Room Rates
Organizing Secretary has negotiated a special discount room for the 1 Pan Med:

<table>
<thead>
<tr>
<th>Room Type</th>
<th>Standard</th>
<th>Green</th>
<th>Blue</th>
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</thead>
<tbody>
<tr>
<td>Single Room</td>
<td>€ 104,00</td>
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<td></td>
</tr>
<tr>
<td>Double room for single use</td>
<td>€ 104,00</td>
<td>€ 128,00</td>
<td>€ 146,00</td>
</tr>
<tr>
<td>Double room</td>
<td>€ 136,00</td>
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</tr>
</tbody>
</table>

(Per night, breakfast included)

“Standard” single or double rooms, some of them with private balcony facing the garden lines or Mondello beach

“Green” double rooms with private balcony facing either private garden or Mondello’ beach

“Blue” largest double rooms with private balcony front sea view

Room availability at the discount rate is first-come, first-served
We will consider valid only those reservations made with a down payment, amounting to the price of one night continental plan + € 15,00 reservation fee. The payment of the bill is to be made directly at the hotel. These conditions do not apply to reservations made through pharmaceutical companies. These individuals should contact the organizing secretariat.

PAYMENTS

Payments of registration fees or for hotel bookings can be made by:
Check or banker’s draft to CHRONOS s.n.c.;
Banker’s draft to CHRONOS s.n.c IT 50 S 01030 04400 000000303313
Credit card

CANCELLATIONS AND REFUNDS

All cancellations must be communicated to the organizing secretariat by March 31, 2008. We regret to inform you that we will be unable to refund down payments and registration fees if you cancel after the deadline of March 31, 2008
General Information

**BOOTHs**
A pharmaceutical, industrial, and publishing exhibition will be held at the Congress site.

**SLIDE CENTER**
A slide centre will be available for speakers. You should stop by at least an hour before the beginning of your scheduled session and our staff will be there to help you with any technical questions you may have.

**MAY 1, 2008 COURSES**

**Thyroid and Parathyroid Clinical Ultrasound**
will be held at the Cervello Hospital in Palermo.

**Communication with Adolescents with Chronic Illness**
will be held at the Splendid Hotel La Torre in Mondello, Palermo.

A payment of € 50.00 per course is requested.

The Scientific and the Organizing secretaries have retained the right to amend the meeting agenda on the ground of technical and/or scientific reasons.
Registration Form

deadline for advance registration is April 25, 2008. After this date participants should register on site.

First name __________________________________________________________
Last Name (Family Name) ______________________________________________

Professional degree Please check one:
☐ MD, DO - ☐ PhD - ☐ MD, PhD - ☐ RN - ☐ Other

Organization/Hospital __________________________________________________

Address 1 ___________________________________________________________________
Address 2 ___________________________________________________________________

City _____________________________ State __________ Zip Code ___________

Phone __________________________ Fax ________________________________
E-mail address ________________________________________________________

I consider myself primarily (please list one)
☐ Clinician ☐ Educator ☐ Scientist ☐ Exhibitor ☐ Other _______________

My work is best described as (please list one)
☐ Adult Endocrinology ☐ Pediatric Endocrinology ☐ Surgery
☐ Basic Science ☐ Internal Medicine ☐ Other _______________

My place work is (please list one)
☐ Academic ☐ Hospital ☐ Managed Care
☐ Private Practice ☐ Government/Military ☐ Other _______________
☐ Ministry ☐ Corporate/Industry

REGISTRATION FEES

Please check one: DISCOUNTED (received by March 31, 2008) FULL FEE (after April 1, 2008)
☐ PHYSICIAN € 300,00* € 400,00*
☐ STUDENT/MASTER CLASS STUDENT € 200,00* € 250,00*

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☐ SPOUSE/GUEST € 250,00* € 300,00*
Name badge admits guest to welcome reception, coffee breaks, working lunch on May 2nd and special events

☐ SPOUSE/GUEST Name ___________________________________________________

Please check one:
☐ Thyroid and Parathyroid Clinical Ultrasound Course (R. Valcavi) € 50,00*
☐ Communication with Adolescents Course (D. Hardoff) € 50,00*

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- Banker’s draft to CHRONOS s.n.c.  IT 50 S 01030 04400 00000303313
- Credit card - Card number __________________________ □VISA □MASTERCARD □AMERICAN EXPRESS

Expiration date__________________________________________

* Currency
The official currency of the Congress is European Euro

Friday, May 2, 2008

MEET THE PROFESSOR (Please check one)

- Room A  Interventional Ultrasound Guided Procedures in benign Thyroid Nodule
  Roberto Valcavi
- Room B  New drugs in Diabetes
  Aly Abbassy
- Room C  Short Stature
  Mohamed El Kholy
- Room D  Dyslipidemia
  Alberto Notarbartolo

Saturday, May 3, 2008

- Room A  Puberty
  Soliman Ashraf T
- Room B  Endocrine Disorders in Thalassemia
  Hala Al Rimawi
- Room C  Public Awareness and Diabetes
  Isseh Nabil
- Room D  Endocrine Effects of Bariatrics Surgery
  Alexandrides Theodoris
<table>
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<tr>
<th>Name</th>
<th>Country</th>
<th>City</th>
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<tr>
<td>Abbassy, Ali</td>
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<td>Gharib, Hossein</td>
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<td>Ajluoni, Khamel</td>
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<td>Zingrillo, Matteo</td>
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<td>Gaillard, Rolf C</td>
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<tr>
<td>Garofalo, Piernicola</td>
<td>Italy</td>
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By Plane – “Falcone-Borsellino airport”

The airport in Palermo is in Punta Raisi located 35 Km. from the center of Palermo, along the highway A29. There are different public transportation services that connect Palermo with the airport:

- The airport’s taxi service is in operation from 6.00am to 12.00pm and the taxi rank is to be found outside the Arrivals Area. Average cost for a ride to Palermo is € 35.00
- The Trinacria train express connects Palermo directly with the Terminal.
  Ticket price: € 5.00
- You can reach the airport or the center of Palermo with the bus-line Prestia and Comandè
  From Palermo (central station) from 5.00am to 11.00pm every half hour
  From the airport from 6.30am to 12.00pm every half hour
  Ticket price: € 5.30

Information about “Falcone-Borsellino airport” is available online at www.gesap.it

By Ship

Every day there are connections with the ports of Naples, Genoa, Ustica, Cagliari and Civitavecchia.
The sea companies are: Tirrenia navigazione and Snav
For all information: www.autoport.pa.it

By Train

Trenitalia runs frequent service to Palermo Central Station. Outside of the station you can easily pick up a taxi or bus to your hotel

By Car

There are various roads to reach Palermo:
Highway: A19 Palermo-Catania
A20 Palermo-Messina
A29 Palermo-Mazara del Vallo

Freeway: SS189 Palermo-Agrigento
SS624 Palermo-Sciacca
1 Pan - Mediterranean Congress of Endocrinology & Metabolism

SCIENTIFIC SECRETARIAT

P. Garofalo MD
H. Gharib MD, MACP, MACE
E. Papini MD, FACE
R. Valcavi MD, FACE

LOCAL ORGANIZING COMMITTEE

M. Attard MD
M. Calabrò MD
S. Chiavetta MD
F. Di Giovanni MD
L. Gambino MD
D. Gioia MD
F. Ianni MD
G. Savoia MD

ORGANIZATION SECRETARIAT

HEAD OFFICE: Scesa Gradoni, 11 (Ospedale Vecchio) - 88100 Catanzaro
tel. +39 0961 744565-707833-792566 - fax. +39 0961 709250
Ref. Laura Bucci - laura@organizzazionechronos.it - info@panmed.org

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