

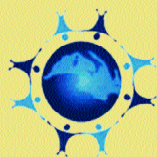
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1st Pan - Mediterranean Congress of Endocrinology & Metabolism



Associazione
Medici
Endocrinologi



Mediterranean
and Middle East
Action Group
for Adolescent Medicine

May 1-3, 2008

Splendid Hotel "La Torre"
Palermo, Italy

morocco
portugal
saudi arabia
switzerland
syria
tunisia
turkey
UAE
USA
yemen

Preliminary Program

1st Pan - Mediterranean Congress of Endocrinology & Metabolism

Objectives

This Congress offers an unprecedented opportunity for leaders in endocrinology and metabolism to meet, review and build solutions for current problems in endocrine & metabolic disorders in the Mediterranean area.

There has never been a similar effort to address Mediterranean region endocrine/metabolic issues.

A group of experts from the region as well as a few from the USA are invited to share opinions and recommendations on the prevalence, significance, and management of thyroid disease, bone disease, obesity, children's health, and issues in women's health.

Socioeconomic as well as clinical problems will be discussed. The Congress hopes to outline a plan for improved endocrine health for the coming years.

Goals

- Identify and discuss current/common regional endocrine/metabolic health problems
- Address challenges to change and ways to overcome them
- Build border-less commitment to generate a climate for change
- Develop, enhance, and follow collaboration for endocrine health in the area

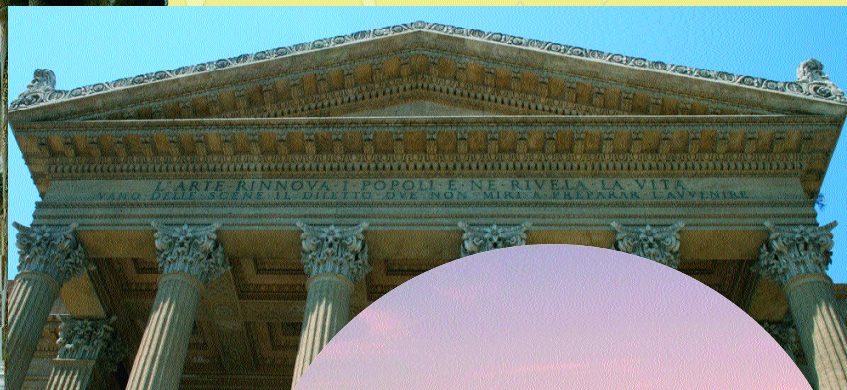
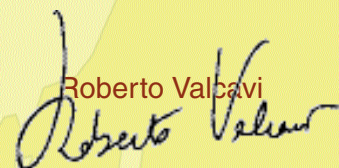
Pierriicola Garofalo



Hossein Gharib

Enrico Papini

Roberto Valcavi



Scientific Program

Wednesday, April 30, 2008

8:00am - 8:00pm

Arrival

Thursday, May 1, 2008

8:00am - 3:00pm

Registration

8:30am - 12:30am

Coordinator:

Tutors:

Course of Thyroid and Parathyroid Clinical Ultrasound

R. Valcavi

M. Attard, D. Giuffrida, M. Zingrillo

Thyroid, Lymph Node, and Parathyroid Ultrasound

R. Valcavi

Fine Needle Aspiration Biopsy

D. Giuffrida

Pre-surgical Neck Ultrasound-Assessment

M. Attard

Percutaneous Ethanol Injection

M. Zingrillo

Percutaneous Laser Ablation

R. Valcavi

Hands-on Ultrasound Training

M. Attard, D. Giuffrida, M. Zingrillo

Tutors:

8:30am - 12:30am

Coordinator:

Chairmen:

Course of Communication with Adolescents with Chronic Illness

G. Raiola

S. Bertelloni, S. Chiavetta

Self-presentation of the adolescents with chronic endocrine diseases

Group of Adolescents

Communication with adolescents with chronic illness

D. Hardoff

Adolescents and their perspectives regarding communication with their health care providers

D. Hardoff and Group of Adolescents

Discussion

Summary and conclusions

D. Hardoff

Scientific Program

3:30pm - 4:00pm

Welcome remarks

4:00pm - 5:00pm

Moderators:

Satellite Symposium - Something Old, Something New

F. Carrilho & S. Assaad

Dyslipidemia in the Region

I. Salti

Insulin Resistance Syndrome

R. Vigneri

Discussion

5:00pm - 6:00pm

Moderators:

Plenary Lecture 1

H. Gharib & A. Alzahrani

Overview of Mediterranean Area Health Issues

Y. Coble

R. Gaillard

Discussion

7:30pm

Reception

Scientific Program

Friday, May 2, 2008

8:30am - 9:30am

Moderators:

Plenary Lecture 2

K. Al Shoumer & B. Glaser

Socio-Economic Health Issues in Mediterranean Countries

S. Leone

Discussion

9:30am - 11:00am

Moderators:

Symposium 1 - Iodine Deficiency Disorders (IDD)

A. Pinchera & M. Zimmermann

An Overview

M. Zimmermann

Brief presentations on each issue:

IDD in Iran

F. Azizi

IDD in Turkey

M. Erdogan

IDD in Sicily

G. D'Azzò

IDD in Greece

A. Tsatsoulis

Panel Discussion

11:00am - 11:30am

Coffee Break

11:30am - 12:30am

Meet The Professor

room A

Interventional Ultrasound-Guided Procedures in Benign Thyroid Nodule

R. Valcavi

room B

New Drugs in Diabetes

A. Abbassy

room C

Short stature

M. El Kholy

room D

Dyslipidemia

A. Notarbartolo

12:30am - 2:00pm

Lunch

Scientific Program

2:00pm - 2:40pm

Moderators:

Plenary Lecture 3

M. El Zaheri & K. A. Kadiri

Bone Health

B. Larijani

2:40pm - 4:00pm

Moderators:

Symposium 2 - Children's Health

G. Raiola & C. Kattamis

Infertility: early diagnosis/prevention in children & adolescents

V. De Sanctis

Obesity

O. Ercan

Communicating with patients & parents

D. Hardoff

5:00pm - 6:30pm

Opening Ceremony

Complesso Monumentale Palazzo Monumentale dei Normanni,
Palermo (city center)

6:30pm - 7:00pm

Moderator:

Plenary Lecture 4

R. Valcavi

Thyroid Disease: A Global Problem

H. Gharib

7:30pm

Gala Dinner

Scientific Program

Saturday, May 3, 2008

8:30am - 9:30am

Moderators:

Plenary Lecture 5

S. Jambart & M. A. Mirzai

Diabetes & Nutrition in Developing Countries

K. Ajlouni,

K. Al Rubeaan

Discussion

9:30am - 11:00am

Moderators:

Symposium 3 - Women's Health

A. Gunaid, N. Bache

Life after menopause

D. Gullo

Polycystic Ovarian Syndrome

E. Carmina

Endocrine Disorders in Pregnancy

P. Garofalo

11:00am - 11:30am

Coffee Break

11:30am - 12:30am

Meet The Professor

room A

Puberty

A. T. Soliman

room B

Endocrine Disorders in Thalassemia

H. Al Rimawi

room C

Public Awareness and Diabetes

N. Isseh

room D

Endocrine Effects of Bariatric Surgery

T. Alexandrides

12:30am - 1:00pm

Moderators:

Plenary Lecture 6

S. Boikos & H. Gharib

Are Guidelines Universally Acceptable?

E. Papini

1:00pm

Final Remarks

General Information

CONFERENCE INFORMATION

The 1 Pan Med will take place in Palermo, Sicily, Italy.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education for physicians.

You can find all information about the congress on the website www.panmed.org

TO REGISTER FOR THE MEETING

You may register sending or e-mailing the registration form to the organizing secretariat
CHRONOS

Via Scesa Gradoni, 11 (Ospedale Vecchio) - 88100 Catanzaro

tel +39 0961 754565 -fax +39 0961 709250

e-mail: laura@organizzazionechronos.it - info@panmed.org

To prevent duplicate charges, if you fax your registration, do not also mail in your registration. If you have questions about registration, please call +390961744565

Your registration will be acknowledged by e-mail or fax within 48 hours.

REGISTRATION FEES

	DISCOUNTED (received by March 31, 2008)	FULL FEE (after April 1, 2008)
PHYSICIAN	€ 300,00*	€ 400,00*
STUDENT/MASTER CLASS STUDENT	€ 200,00*	€ 250,00*
<i>Please fax an official certification stating your enrollment to the Specialization School</i>		
SPOUSE/GUEST	€ 250,00*	€ 300,00*
<i>Name badge admits guest to welcome reception, coffee breaks, working lunch on May 2nd and special events</i>		

* Currency

The official currency of the Congress is European Euro

WORKING LANGUAGE

English

SIDE EVENTS

May 1, 2008
7:00pm

Cocktail and concert

May 2, 2008
9:00am - 1:00pm

Guided tour of Palermo, the capital town of Sicily, considered its cultural and economic heart, its bridge between the Mediterranean Sea and Europe

1:00pm - 2:00pm

Lunch for guests

3:00pm - 5:00pm

Guided tour of an archeological site in the province of Palermo

5:00pm - 6:30pm

Opening Ceremony at Palazzo dei Normanni, Palermo

7:30pm

Gala Dinner

General Information

HEADQUARTERS HOTEL

SPLENDID HOTEL “LA TORRE”

Located in Via Piano Gallo, 11 Mondello, Palermo, Sicily, Italy

“La Torre” is just a few minutes from the center of Palermo and its extraordinary monuments.

To make hotel reservations:

Please contact the organizing secretariat for room reservation in Splendid Hotel “La Torre”.

CHRONOS - Scesa Gradoni, 11 (Ospedale vecchio)

88100 Catanzaro - Tel. +39 0961 744565 - Fax +39 0961 709250

e-mail laura@organizzazionechronos.it - info@panmed.org

Room Rates

Organizing Secretary has negotiated a special discount room for the 1 Pan Med:

	Standard	Green	Blue
Single Room	€ 104,00		
Double room for single use	€ 104,00	€ 128,00	€ 146,00
Double room	€ 136,00	€ 155,00	€ 172,00

(Per night, breakfast included)

“Standard” single or double rooms, some of them with private balcony facing the garden lines or Mondello beach

“Green” double rooms with private balcony facing either private garden or Mondello’ beach

“Blue” largest double rooms with private balcony front sea view

Room availability at the discount rate is first-come, first-served

We will consider valid only those reservations made with a down payment, amounting to the price of one night continental plan + € 15, 00 reservation fee. The payment of the bill is to be made directly at the hotel. These conditions do not apply to reservations made through pharmaceutical companies.

These individuals should contact the organizing secretariat.

PAYMENTS

Payments of registration fees or for hotel bookings can be made by:

Check or banker’s draft to CHRONOS s.n.c.;

Banker’s draft to CHRONOS s.n.c IT 50 S 01030 04400 000000303313

Credit card

CANCELLATIONS AND REFUNDS

All cancellations must be communicated to the organizing secretariat by March 31, 2008. We regret to inform you that we will be unable to refund down payments and registration fees if you cancel after the deadline of March 31, 2008

General Information

BOOTHS

A pharmaceutical, industrial, and publishing exhibition will be held at the Congress site

SLIDE CENTER

A slide centre will be available for speakers. You should stop by at least an hour before the beginning of your scheduled session and our staff will be there to help you with any technical questions you may have.

MAY 1, 2008 COURSES

Thyroid and Parathyroid Clinical Ultrasound
will be held at the Cervello Hospital in Palermo

Communication with Adolescents with Chronic Illness
will be held at the Splendid Hotel La Torre in Mondello, Palermo

A payment of € 50,00 per course is requested

The Scientific and the Organizing secretaries have retained the right to amend the meeting agenda on the ground of technical and/or scientific reasons.

Registration Form

deadline for advance registration is April 25, 2008. After this date participants should register on site

First name _____

Last Name (Family Name) _____

Professional degree *Please check one:*

☐ MD, DO - ☐ PhD - ☐ MD, PhD - ☐ RN - ☐ Other

Organization/Hospital _____

Address 1 _____

Address 2 _____

City _____ State _____ Zip Code _____

Country _____

Phone _____ Fax _____

E-mail address _____

I consider myself primarily (please list one)

☐ Clinician ☐ Educator ☐ Scientist ☐ Exhibitor ☐ Other _____

My work is best described as (please list one)

☐ Adult Endocrinology ☐ Pediatric Endocrinology ☐ Surgery
☐ Basic Science ☐ Internal Medicine ☐ Other _____

My place work is (please list one)

☐ Academic ☐ Hospital ☐ Managed Care
☐ Private Practice ☐ Government/Military
☐ Ministry ☐ Corporate/Industry

REGISTRATION FEES

Please check one:

	DISCOUNTED (received by March 31, 2008)	FULL FEE (after April 1, 2008)
<input type="checkbox"/> PHYSICIAN	€ 300,00*	€ 400,00*
<input type="checkbox"/> STUDENT/MASTER CLASS STUDENT	€ 200,00*	€ 250,00*

Please fax an official certification stating your enrollment to the Specialization School

☐ SPOUSE/GUEST € 250,00* € 300,00*

Name badge admits guest to welcome reception, coffee breaks, working lunch on May 2nd and special events

☐ SPOUSE/GUEST Name _____

Please check one:

☐ Thyroid and Parathyroid Clinical Ultrasound Course (R. Valcavi) € 50,00*

☐ Communication with Adolescents Course (D. Hardoff) € 50,00*

Registration Form

PAYMENTS

Payments of registration fees or for hotel bookings can be made by:

☐ Check or banker's draft to CHRONOS s.n.c.;

☐ Banker's draft to CHRONOS s.n.c IT 50 S 01030 04400 000000303313

☐ Credit card - Card number _____ ☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS

Expiration date _____

* Currency

The official currency of the Congress is European Euro

Friday, May 2, 2008

MEET THE PROFESSOR *(Please check one)*

☐ Room A

Interventional Ultrasound Guided Procedures in benign Thyroid Nodule
Roberto Valcavi

☐ Room B

New drugs in Diabetes
Aly Abbassy

☐ Room C

Short Stature
Mohamed El Kholy

☐ Room D

Dyslipidemia
Alberto Notarbartolo

Saturday, May 3, 2008

☐ Room A

Puberty
Soliman Ashraf T

☐ Room B

Endocrine Disorders in Thalassemia
Hala Al Rimawi

☐ Room C

Public Awareness and Diabetes
Isseh Nabil

☐ Room D

Endocrine Effects of Bariatrics Surgery
Alexandrides Theodoris

Faculty

Abbassy, Ali	Egypt	Gharib, Hossein	USA
Ajluoni, Khamel	Jordan	Giuffrida, Dario	Italy
Alexandrides, Theodoris	Greece	Glaser, Benjamin	Israel
Al Rimawi, Hala	Jordan	Gullo, Domenico	Italy
Al Rubeaan, Khaled	Saudi Arabia	Gunaid, Abdullah	Yemen
Al Shoumer, Khamal	Kuwait	Hardoff, Daniel	Israel
Alzahrani, Ali	Saudi Arabia	Isseh, Nabil	Syria
Assaad, Samir	Egypt	Jambart, Selim	Lebanon
Attard, Marco	Italy	Kadiri, Karim A	Morocco
Azizi, Fereidoun	Iran	Kattamis, Christos	Greece
Bache, Nizar	Syria	Larijani, Bagher	Iran
Bertelloni, Silvano	Italy	Leone, Salvino	Italy
Boikos, Spiros	Greece	Mirzai, Michael A	Iran
Carmina, Enrico	Italy	Notarbartolo, Alberto	Italy
Carrilho, Francisco	Portugal	Papini, Enrico	Italy
Chiavetta, Salvatore	Italy	Pinchera, Aldo	Italy
Coble, Yank	USA	Raiola, Giuseppe	Italy
D'Azzò, Girolamo	Italy	Salti, Ibrahim	Lebanon
De Sanctis, Vincenzo	Italy	Soliman, Ashraf T	UAE
El Kholy, Mohamed	Egypt	Tsatsoulis, Agathocles	Greece
El Zaheri, Mohamed	Jordan	Valcavi, Roberto	Italy
Ercan, Oya	Turkey	Vigneri, Riccardo	Italy
Erdogan, Murat	Turkey	Zimmermann, Michael	Switzerland
Gaillard, Rolf C	Switzerland	Zingrillo, Matteo	Italy
Garofalo, Piernicola	Italy		

Getting To the 1st Pan Med

By Plane – “Falcone-Borsellino airport”

The airport in Palermo is in Punta Raisi located 35 Km. from the center of Palermo, along the highway A29. There are different public transportation services that connect Palermo with the airport:

- *The airport's taxi service is in operation from 6.00am to 12.00pm and the taxi rank is to be found outside the Arrivals Area. Average cost for a ride to Palermo is € 35.00*
- *The Trinacria train express connects Palermo directly with the Terminal. Ticket price: € 5.00*
- *You can reach the airport or the center of Palermo with the bus-line Prestia and Comandè From Palermo (central station) from 5.00am to 11.00pm every half hour From the airport from 6.30am to 12.00pm every half hour Ticket price: € 5.30*

Information about “Falcone-Borsellino airport” is available on line at www.gesap.it

By Ship

Every day there are connections with the ports of Naples, Genoa, Ustica, Cagliari and Civitavecchia
The sea companies are: Tirrenia navigazione and Snav
For all information: www.autoport.pa.it

By Train

Trenitalia runs frequent service to Palermo Central Station. Outside of the station you can easily pick up a taxi or bus to your hotel

By Car

There are various roads to reach Palermo:

Highway: A19 Palermo-Catania
A20 Palermo-Messina
A29 Palermo-Mazara del Vallo

Freeway: SS189 Palermo-Agrigento
SS624 Palermo-Sciacca



1st Pan - Mediterranean Congress of Endocrinology & Metabolism



SCIENTIFIC SECRETARIAT

P. Garofalo *MD*
H. Gharib *MD, MACP, MACE*
E. Papini *MD, FACE*
R. Valcavi *MD, FACE*

LOCAL ORGANIZING COMMITTEE

M. Attard *MD*
M. Calabrò *MD*
S. Chiavetta *MD*
F. Di Giovanni *MD*
L. Gambino *MD*
D. Gioia *MD*
F. Ianni *MD*
G. Savoia *MD*

ORGANIZATION SECRETARIAT



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Ref. Laura Bucci - laura@organizzazionechronos.it - info@panmed.org



